

Seattle Dojo Annual Judo Tournament & Kata Competition

USJF Sanction #23-05-01

- DATE:** SATURDAY, MAY 6, 2023
BOYS & GIRLS CLUB OF BELLEVUE – HIDDEN VALLEY FIELD HOUSE
1903 112TH AVE NE, BELLEVUE, WA 98004
- STARTING TIME:** KATA: 8:15 AM REEREE MEETING: 8:30 AM SHIAI: 9:30 AM
- TOURNAMENT DIRECTOR:** Alan Yamada Email: seattledojo@hotmail.com
7715 14TH AVE SW Phone: 206-763-9802 (Home)
Seattle, WA USA 98106 Phone: 206-324-7080 (Dojo – Mo & Th 7 PM-9 PM)
Website: www.seattledojo.com
- HEAD REFEREE:** Brian Toth
- SHIAI ENTRY FEE:** SHIAI \$45.00 (US FUNDS) FOR THE FIRST DIVISION AND \$20.00 (US FUNDS) FOR 2nd DIVISION (maximum of 2 divisions per competitor), NO REFUNDS. JRS. MAY ENTER SENIOR DIVISION.
ONLINE REGISTRATION/WAIVER MUST BE COMPLETED NO LATER THAN 11:59 PM ON WEDNESDAY, MAY 3, 2023. (Once registration is completed, you will receive a copy of your entry via the email you used to complete the online registration/waiver.) Registration received after May 3 will be \$100 per division.
NO LATE ENTRIES. NO EXCEPTIONS. Checks payable to: SEATTLE DOJO, cash or electronic payment via Venmo to @SeattleDojo (Alan Yamada)
- KATA ENTRY FEE:** \$80.00 (US FUNDS) PER KATA TEAM, JRS & SRS, Kata entrants cannot switch partners in the same kata, i.e. no competing against your own team. NO REFUNDS.
ONLINE REGISTRATION/WAIVER MUST BE COMPLETED NO LATER THAN 11:59 PM ON WEDNESDAY, MAY 3, 2023. (Once registration is completed, you will receive a copy of your entry via the email you used to complete the online registration/waiver.)
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- ELIMINATION:** MODIFIED DOUBLE ELIMINATION. Divisions with 5 or less players will be round robin.
- AWARDS:** 1st, 2nd, and 3rd place
- ELIGIBILITY:** ALL CONTESTANTS MUST SHOW PROOF OF VALID MEMBERSHIP WITH USJF, USJI/USA Judo, USJA OR JUDO CANADA.
- REGISTRATION:** All participants will register/complete waiver online: <https://bit.ly/2023SDtournament>
(Once registration is completed, you will receive a copy of your entry via the email you used to complete the online registration/waiver.)
One person from each dojo will submit non-electronic payments:
SATURDAY, MAY 5 between 7:00-8:30 AM at the tournament venue.
- KATA REGISTRATION:** Saturday, May 5 between 7:00-7:30 AM
- WEIGH-IN:** Remote weigh-in will be conducted by each dojo between May 1-3, 2023 and will be emailed by one person per dojo: watercastle@comcast.net & seattledojo@hotmail.com by midnight on Wednesday, May 3, 2023. Athletes must weigh in at their home/declared dojo. Before an athlete weighs in, they should submit their entry form, waiver and payment (submit payment via Venmo to @SeattleDojo (Alan Yamada) OR attach check made out to SEATTLE DOJO or cash to paperwork)
RANDOM WEIGH-IN/WEIGHT CHECKS MAY BE DONE BEFORE OR DURING THE TOURNAMENT AT THE DISCRETION OF THE TOURNAMENT DIRECTOR.

WEIGHT DIVISIONS:

ALL DIVISIONS WILL BE LIGHT, MEDIUM, HEAVY							
DIVISIONS	AGE/RANK	MATCH TIME	GOLDEN SCORE	REST PERIOD	BLUE GI	SHIME WAZA	KANSETSU WAZA
JUNIOR MALE/FEMALE	5 & 6 yrs	3 min.	2 min.	3 min.	NO	NO	NO
JUNIOR MALE/FEMALE	7 & 8 yrs	3 min.	2 min.	3 min.	NO	NO	NO
JUNIOR MALE/FEMALE	9 & 10 yrs	3 min.	2 min.	3 min.	NO	NO	NO
JUNIOR MALE/FEMALE	11 & 12 yrs	3 min.	2 min.	3 min.	NO	NO	NO
JUNIOR MALE/FEMALE	13 & 14 yrs	3 min.	unlimited	3 min.	NO	YES	NO
JUNIOR MALE/FEMALE	15 & 16 yrs	3 min.	unlimited	3 min.	NO	YES	NO
SENIOR MALE/FEMALE	4 Kyu & Under	3 min.	unlimited	3 min.	YES	YES	NO
SENIOR MALE/FEMALE	3 Kyu & Above (BROWN/BLACK)	4 min.	unlimited	4 min.	YES	YES	YES

Divisions are subject to change at the discretion of the tournament director to ensure the safety of the competitors.

NO FOOD OR DRINKS are allowed in gym.

Current IJF contest rules will be used with the following modifications:

- Any participant moving up a division will be governed under rules in that division.
- 8mx8m contestant area, 4m between mats, 3m all the way around
- 12 YEARS & UNDER: **NO SHIME WAZA**
- **KANSETSUWAZA ALLOWED ONLY IN BROWN & BLACK BELT (3 Kyu & above) DIVISIONS**
- **ALL JUNIOR DIVISIONS WILL BE REQUIRED TO HAVE WHITE GI, BLUE GI OPTIONAL.**
- **ALL SENIOR DIVISIONS WILL BE REQUIRED TO HAVE BOTH BLUE & WHITE GIS.**
- **CARE SYSTEM WILL BE USED THROUGHOUT THE TOURNAMENT.**

**DIRECTIONS: BELLEVUE BOYS & GIRLS CLUB - HIDDEN VALLEY FIELD HOUSE
1903 112TH AVE NE, BELLEVUE, WA 98004**

FROM NORTH (VANCOUVER BC)	FROM SOUTH (PORTLAND & TACOMA)	FROM EAST (SPOKANE)
1. I-5 SOUTH TO SEATTLE	1. I-5 NORTH TO SEATTLE	1. I-90 WEST TO SEATTLE
2. MERGE ONTO I-405 EXIT 182 TOWARD BELLEVUE/RENTON 16 MILES	2. TAKE EXIT #154 ONTO I-405 NORTH BELLEVUE/RENTON 13 MILE	2. MERGE ONTO I-405 NORTH VIA EXIT 10 TO BELLEVUE/EVERETT
3. TAKE THE NE 8 TH ST W / NE 8 TH E EXIT, EXIT 13 B TOWARD HOSPITAL	3. TAKE THE NE 8 TH ST/NE 4 TH EXIT #13A-B TOWARD HOSPITAL	3. TAKE THE NE 8 TH ST W / NE 8 TH E EXIT, EXIT 13 B TOWARD HOSPITAL
4. KEEP RIGHT TO TAKE THE NE 8 TH W RAMP	4. TAKE THE NE 8 TH ST EXIT 13B	4. TAKE THE NE 8 TH ST EXIT 13B
5. MERGE ONTO NE 8 TH ST	5. KEEP LEFT TO TAKE THE NE 8 TH ST W RAMP	5. KEEP LEFT TO TAKE THE NE 8 TH ST W RAMP
6. TAKE 1 ST RIGHT ONTO 112 TH AVE NE	6. KEEP STRAIGHT TO TAKE THE NE 8 TH ST W RAMP	6. KEEP STRAIGHT TO TAKE THE NE 8 TH ST W RAMP
7. 1903 112 TH AVE NE IS ON YOUR LEFT	7. KEEP RIGHT TO TAKE THE NE 8 TH ST W RAMP	7. KEEP RIGHT TO TAKE THE NE 8 TH ST W RAMP
	8. MERGE ONTO NE 8 TH ST	8. MERGE ONTO NE 8 TH ST
	9. TURN RIGHT ONTO 112 TH AVE NE	9. TURN RIGHT ONTO 112 TH AVE NE
	10. 1903 112 TH AVE NE IS ON THE LEFT	10. 1903 112 TH AVE NE IS ON THE LEFT

Step 1:

Registration Link:



Step 2:

Payment Link:



venmo



UNITED STATES JUDO FEDERATION

Medical Committee

Mailing Address: PO Box 338
Ontario, OR 97914-0338

Telephone: (541) 889-8753

FAX: (541) 889-5836

Internet: www.usjf.com

USJF Medical Committee - COVID Update 10/2022

Effective immediately, the following shall apply to all USJF Dojos and all USJF events, local and national:

Testing:

1. USJF events will follow jurisdictional COVID-19 guidelines provided by the local/state health department and/or appropriate government entities
2. COVID testing is not a requirement from the USJF national office
3. Testing *may* be required at the discretion of the event medical director, depending on local conditions
4. International competitors from outside the United States will need to follow COVID-19 Testing and other protocols as required by the US State Department/CDC.

Vaccinations:

1. There is no COVID-19 vaccine requirement for athletes, referees, staff, vendors, or spectators. However, COVID-19 vaccines are highly encouraged.

Masking:

1. Masking should follow local/state health department guidelines
2. There is no masking requirement from the USJF national office

Symptom Screening:

1. Symptoms screening, visitor logs, or temperature checks are not required
2. Symptom screening *may* be performed at the discretion of the head sensei, or event medical director
3. Individuals actively experiencing symptoms including fever, cough, sore throat, and fatigue should not practice/participate

Hygiene:

1. Continue to sanitize/wash hands frequently
2. Clean mats and equipment regularly

Returning to Activity after COVID Infection:

1. Members who were asymptomatic or had mild symptoms may return to activity on a gradual basis after an appropriate period of isolation. Please visit the CDC website for isolation guidelines:
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html> [cdc.gov]
2. Members who require hospitalization or experience new or prolonged cardiopulmonary symptoms should consult with their personal physician BEFORE returning to activity
3. If you have any questions or concerns, please consult your personal physician